



News letter

Jing Jing International Kindergarten & Nursery

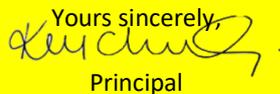
DATE: 3rd May 2019

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A message from Mrs. McHugh.....

It's lovely to see everyone back after the holidays, rested & full of energy. I've heard lots of stories about trips, Easter eggs & bunnies visiting so it sounds like everyone had a fabulous break. Just before the holidays we ran, jumped, aimed, kicked, threw, balanced, danced, & cheered on our friends during a full morning of fun physical activities at Fun Day 2019. Well done to everyone for being great team players & good sports! Everyone's a winner when we work together I'm sure, you like me watched with pride as the students challenged their bodies, & approached all the activities & games with determination and focused minds. Dealing with the disappointment of trying & failing is tough for young children, but an extremely important practical life skill. It was wonderful to see them work together, applaud & cheer for each other, & share in the joy when their friends won a game. Our annual Fun Day and regular PE lessons throughout the year are designed to be fun & rewarding, but the most beneficial outcome of these activities is that they can increase self-esteem and positive thinking.

Yours sincerely,

Principal

Bits and Bobs.....

School uniform (formal)
White socks
Polished shoes



Upcoming events.....

- ❖ 13th May-Buddha's Birthday
- ❖ 4th-12th May Community Service Week
- ❖ 14th May-Visit to Youth with a Mission
- ❖ 16th May-K1 to see ELMO show
- ❖ 16th May-Staff to visit Discovery Minds School



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Upcoming events.....

COMMUNITY SERVICE WEEK- MAY 6TH-14TH

'Community service week' brings together organizations, the Government, general public & media to roll up their sleeves & volunteer. The aim is to raise public awareness around the importance of community service.

This year we will be partnering with YWAM (Youth With A Mission) to make Blessing Bags. Mrs Helin and I will be visiting with the organisation on Tuesday 14th May to make plans on how we can work together. If any of our parents would like to join us to find out more about this opportunity please do let me know.





Research (under5s.co.nz) has shown that early childhood physical education is important and improves more than just physical wellness. It also assists and improves mental and emotional development in children too. The earlier the age physical education is taught, the earlier children begin to develop the ability to think critically.

Primary School News.....

This week we welcomed Mr Kurt from Rosebud Primary School in Tsuen Wan. Mr Kurt told me their curriculum is designed to equip students with lifelong learning skills and a strong knowledge base. They focus on creativity, problem-solving and collaboration skills. The curriculum they use integrates the British curriculum, International Primary Curriculum (IPC) and Hong Kong Curriculum to achieve these goals. Should you require any additional information or would like to visit their campus they can be contacted on info@rosebud.edu.hk

Curriculum News...

Cultural Topic:
Music from around the World
Main Topic
Once upon a time...

WHY IS IT IMPORTANT FOR YOUR CHILD TO ARRIVE AT SCHOOL ON TIME?

Did you know?.....

Arriving on time influences a child's emotional, cognitive, and social development.

It also helps children feel secure.

SOME GAINS FOR YOUR CHILD ARRIVING ON TIME FOR SCHOOL AND CLASS:

- Arriving on time every day makes children feel good about themselves
- Gives your child time to greet their friends before class and this can reduce the possibility of disruptions in the classroom.
- Makes sure that your child doesn't miss out on the important learning activities that happen early in the day when they are most alert.
- Helps your child to learn about routines and commitment.
- Class disruption can make your child feel uncomfortable and can upset other children.

The Importance of Flexibility

While establishing & maintaining routine has a wealth of benefits, it's vital to also remain flexible.

Spontaneity & creativity are important factors in a child's life.

For example, the breakfast dishes can wait if there is an exciting book to read or a special festival happening in the city.



REGULAR ROUTINES ARE IMPORTANT

All families need some type of routine to establish normalcy, a way to get things done and a sense of security.

Children often fear the unknown – whether it's the broccoli on their plate – or a big life change like moving to a different house or gaining a new sibling.

While change is a learning opportunity, it can also be stressful for children. A normal routine brings comfort and consistency to a child's life. Daily routines might include:

- The time to get ready in the morning
- Bath times, mealtimes, naptimes and bedtimes
- Housework, cooking and cleaning schedules
- Play time, family time and outdoor play

When you include meaningful and important elements into your family life, you're letting your child know what's important.

While daily routines look different across neighbourhoods, Hong Kong and the entire globe, the most important aspect is creating a routine that works for you and your family.

Here are 10 reasons a daily routine is important for your child:

1. Helps your child get on a schedule
2. Bonds the family together
3. Establishes expectations
4. Creates a calmer household
5. Gives your child confidence and independence
6. Establishes healthy, constructive habits
7. Helps you (the parent) remember important things
8. Offers your child an opportunity to get excited about what's ahead
9. Provides opportunity for special "daily rituals"
10. Offers stability during times of change.